

SKILL GUIDE 5-1**Skill Guide**

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start time: _____

End time: _____ Time allowed: 10 min.

Lifting Techniques: Bridge/Bean Lift**Objective:** To demonstrate manual lifting techniques to move patients onto other devices.

| Skill | Max Points | Skill Demo | |
|--|------------|------------|-------|
| Initiates Standard Precautions. | 1 | | (CPI) |
| If pt. has suspected spinal injury, then do not use this lifting technique. | 1 | | |
| Determines the number of lifters available for positioning: <ul style="list-style-type: none"> • 4 people—position at head, chest, waist, and knees • 5 people—position at head, chest, waist, thighs, and knees | 1 | | |
| Prepares and position all of the equipment needed. | 1 | | |
| Positions the lifters and have them form a bridge over the patient, head-to-shoulder or shoulder-to-shoulder. (Note: all lifters must use the same configuration whether it is head-to-shoulder or shoulder-to-shoulder.) | 1 | | |
| Explains the commands, procedures, and hand positions for the lift, including distance patient is to be lifted. | 1 | | |
| Positions hands underneath the patient to lift at points of body mass (shoulders, hips). Rescuer at head directs lift. | 1 | | |
| Executes the lift. Another rescuer slides the device into place starting at the pt.'s feet. Lower the patient as a unit. | 1 | | (CPI) |

Must receive 6 out of 8 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL