Skill Guide

Date:_____

(CPI) = Critical Performance Indicator

Candidate: _____

Start time: _____

End time: _____

Splinting a Lower Extremity Injury

Objective: To demonstrate the proper management and splinting a lower extremity injury.

Skill	Max Points	Skill Demo	
Determines that scene is safe.	1		(CPI)
Introduces self, obtains permission to help/treat.	1		
Initiates Standard Precautions.	1		(CPI)
Exposes injury to assess and manage the ABCDs.	1		(CPI)
Bandages any wounds, as necessary.	1		
Directs helper to stabilize above and below the injury site by grasping the boot/shoe with one hand and grasping below the knee with the second hand.	1		(CPI)
Assesses for CMS.	1		(CPI)
Removes boot/shoe per local protocol.	1		
Chooses the correct device/material for splinting/stabilization.	1		
Sizes splint properly; uses pads as needed and positions splint.	1		
Applies gentle traction/tension as needed, rotating extremity if necessary and if tolerated by patient.	1		
Splints and stabilizes extremity with minimal movement.	1		
Reassesses CMS.	1		(CPI)
Applies cooling method to help reduce swelling/bruising.	1		
Prepares patient for transport.	1		
Provides oxygen/treats for shock, if appropriate.	1		

Must receive 13 out of 16 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID:_____

PASS   FAIL