

SKILL GUIDE 21-4**Skill Guide**

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Short Board Immobilization**Objective:** To demonstrate ability to secure a sitting patient to a short board.

Skill	Max Points	Skill Demo	
Determines scene is safe.	1		(CPI)
Introduces self, obtains permission to treat/help.	1		
Initiates Standard Precautions.	1		(CPI)
Manually stabilizes the head/cervical spine, kneeling next to the patient; establishes in-line stabilization.	1		(CPI)
Assesses CMS in each extremity.	1		(CPI)
Correctly sizes and applies cervical collar.	1		
Places board behind the patient's back, aligning the top of the device with the top of the patient's head.	1		
Crosses torso straps over the patient's shoulders and secures to board; pads behind the patient's head, filling voids; secures the patient's head to the board using two cravats (forehead and chin).	1		
Moves the patient to a long board by placing the long board next to the patient's buttocks; lifts the patient onto the long board, maintaining C-spine stabilization.	1		(CPI)
Lowers the patient into a supine position on the long board, securing the patient and the short board to the long board in the usual fashion.	1		
Reassesses CMS in each extremity.	1		(CPI)

Must receive 9 out of 11 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL