

SKILL GUIDE 33-1**Skill Guide**

Date: _____

(CPI) = Critical Performance Indicator

Candidate: _____

Start Time: _____

End Time: _____

Patient Restraint**Objective:** To demonstrate the ability to safely restrain a patient.

Skill	Max Points	Skill Demo	
Determines scene is safe.	1		(CPI)
Introduces self, obtains permission to treat/help.	1		
Initiates Standard Precautions.	1		(CPI)
Secures the scene.	1		
Determines if patient can refuse care.	1		
Calls for additional help or assistance per local protocol.	1		(CPI)
Assembles 5 people for physical restraint, 6 people for mechanical restraint.	1		
Uses appropriate language with patient to not escalate situation.	1		(CPI)
Places patient on spine board.	1		
Secures one of the patient's arms above the head.	1		
Secures patient's other arm at side.	1		
Prepares for patient vomiting (has suction equipment available for use if needed).	1		(CPI)
Monitors vital signs every 5–10 minutes.	1		(CPI)
Maintains patient restraint until care is transferred.	1		

Must receive 11 out of 14 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL