

SKILL GUIDE 34-1**Skill Guide**

Date: _____

(CPI) = Critical Performance Indicator

Start time: _____

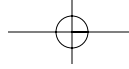
Candidate: _____

End time: _____

Assisting with Normal Childbirth**Objective:** To demonstrate ability to assist in a live, uncomplicated delivery of a newborn.

Skill	Max Points	Skill Demo	
Determines scene is safe.	1		(CPI)
Introduces self, obtains permission to treat/help.	1		
Initiates Standard Precautions.	1		(CPI)
Obtains disposable sterile OB delivery kit or improvises with towels, sheets, blankets, etc.	1		
Assists mother in removing clothing, positioning mother on firm padded surface and provides privacy.	1		(CPI)
Positions mother in a semi-Fowler's position, elevates pelvis 2"–4" keeping knees flexed.	1		
Times contractions from start of one contraction to the beginning of the next. Notes duration of contraction by feeling the abdomen.	1		(CPI)
When the baby is crowning, encourages mother to push while supporting the head of the baby. Applies gentle pressure with his hand to allow head to come out in a controlled fashion.	1		(CPI)
After head has emerged, instructs mother to stop pushing and immediately suction baby's mouth, nostrils with soft rubber bulb syringe. Notes if fluid is not clear (possible meconium in fluid).	1		(CPI)
Checks position of umbilical cord. If around the baby's neck, gently lifts cord over the baby's head. If unable to lift over head, places 2 clamps 2" apart and cuts cord.	1		(CPI)
Guides baby's head down to deliver the shoulder as mother pushes. Supports baby's head with non-dominant hand and slides dominant hand under the baby's body as it emerges. Suctions nose and mouth again.	1		
Records time and location of the birth.	1		(CPI)
If transport to hospital is >20 min, cuts umbilical cord.	1		
Dries infant, wraps in blanket, assesses APGAR and record.	1		(CPI)
Prepares for delivery of placenta approx 20–30 min later. Transports placenta with mother to hospital.	1		
Places sanitary napkin between mother's legs. Massages lower abdomen in a firm circular motion.	1		
Places mother in Trendelenburg position, provides O ₂ , monitor vital signs.	1		(CPI)
Evaluates infant vital signs/APGAR. Provides interventions as necessary.	1		(CPI)

continued



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SKILL GUIDE *continued*

Must receive 14 out of 18 points.

Comments: _____

Failure of any of the CPIs is an automatic failure.

Evaluator: _____ NSP ID: _____

PASS FAIL

